



Field Lesson Plan

Each coach will write up a lesson plan using the template on the last page of this testing packet. The lesson should focus on the U12 age group and last 1.5 hours. The coach will conduct their session for evaluation feed back.

Topic: _____

Key Coaching Points

Warm-Up

Organization of field

Small-Sided Activity

Expanded Small-Sided Activity

6 vs 6 to Big Goals
