



National Soccer Coaches Association of America

NSCAA Premier Diploma Course – Fort Lauderdale, Florida 2014

**Tony McCallum – Senior Regional Coaching Manager
The Football Association, England**

FA/UEFA A – 240 hrs 20 days on course over 2 years

Blocks of learning – 5 days, 4 days, 3 days, 8 days

FA/UEFA A – 5 years to complete

FA/UEFA B – 120 hrs 17 days on course over 6-9 months

Blocks of learning - 5 days, 4 days, single days, 3 days

FA/UEFA B – 3 years to complete

On-course and off-course tasks

Practical coaching assessments

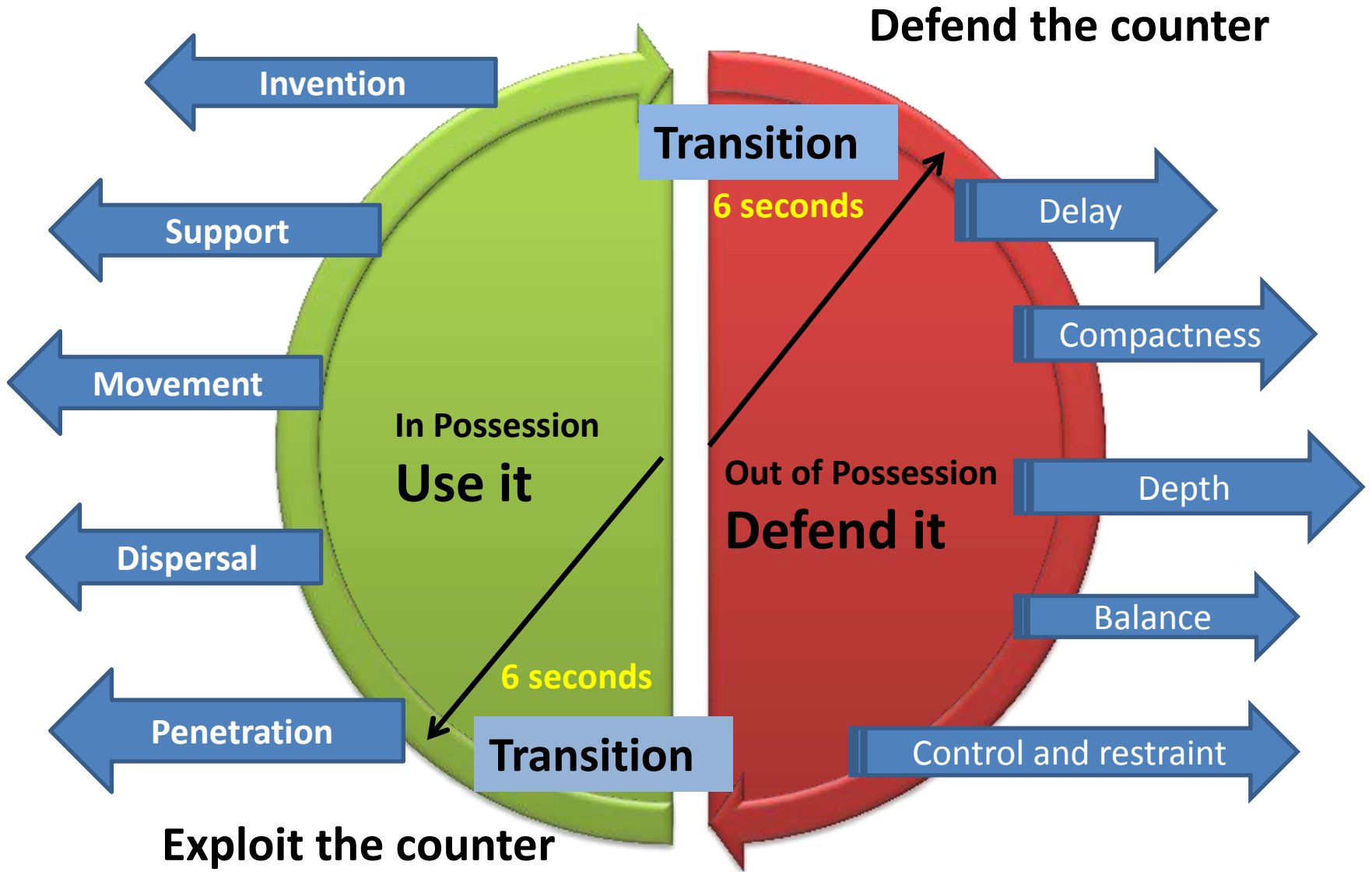
Support sessions – on course/off course cluster groups

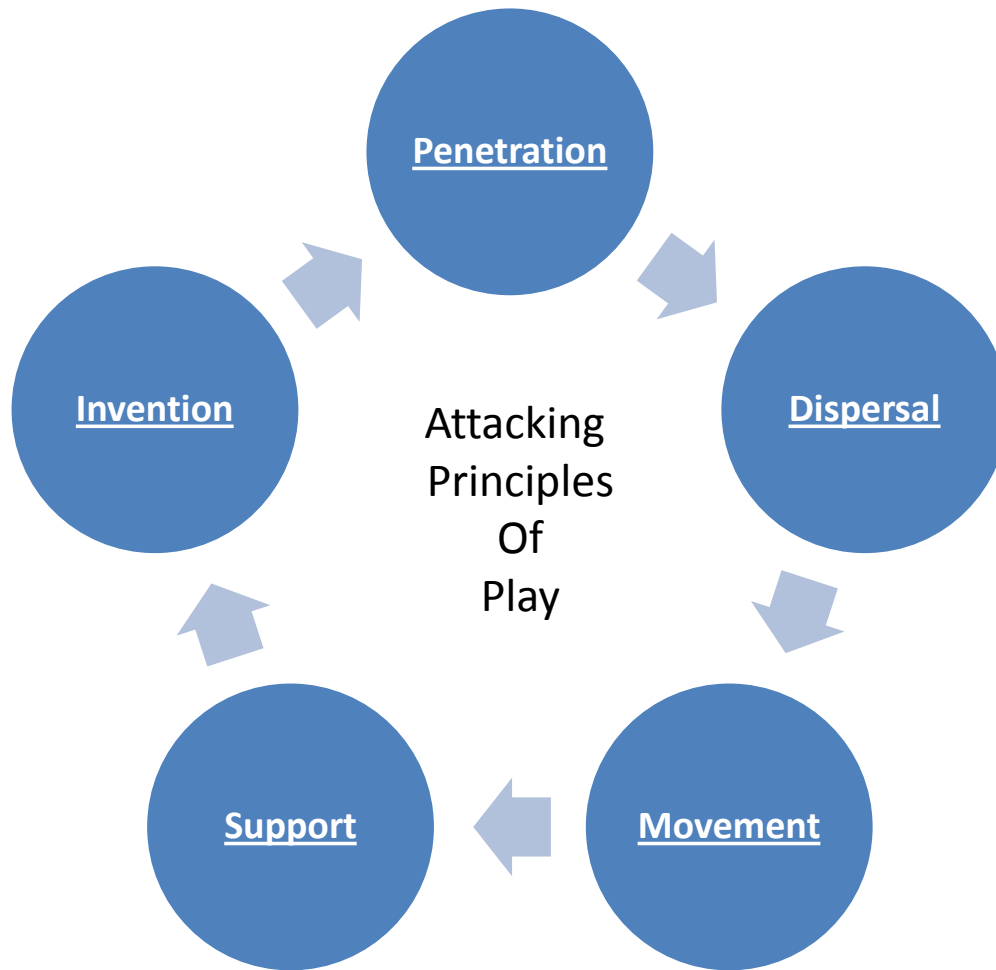
Assessment – club and course based

Action planning



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Principles of Play

Penetration – beyond all, most, some

Dispersal – behind, between, beyond

Support – in front, alongside, behind

Movement – for self, for others, to attract, to distract

Improvisation – passing, RWTB, dribbling, turning



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In a 4-4-2 formation - Developing possession from the Defending 1/3

Assessment

FA/UEFA B Licence

45 minutes

20 minutes – Development Practice

25 minutes – Phase of Play

FA/UEFA A Licence

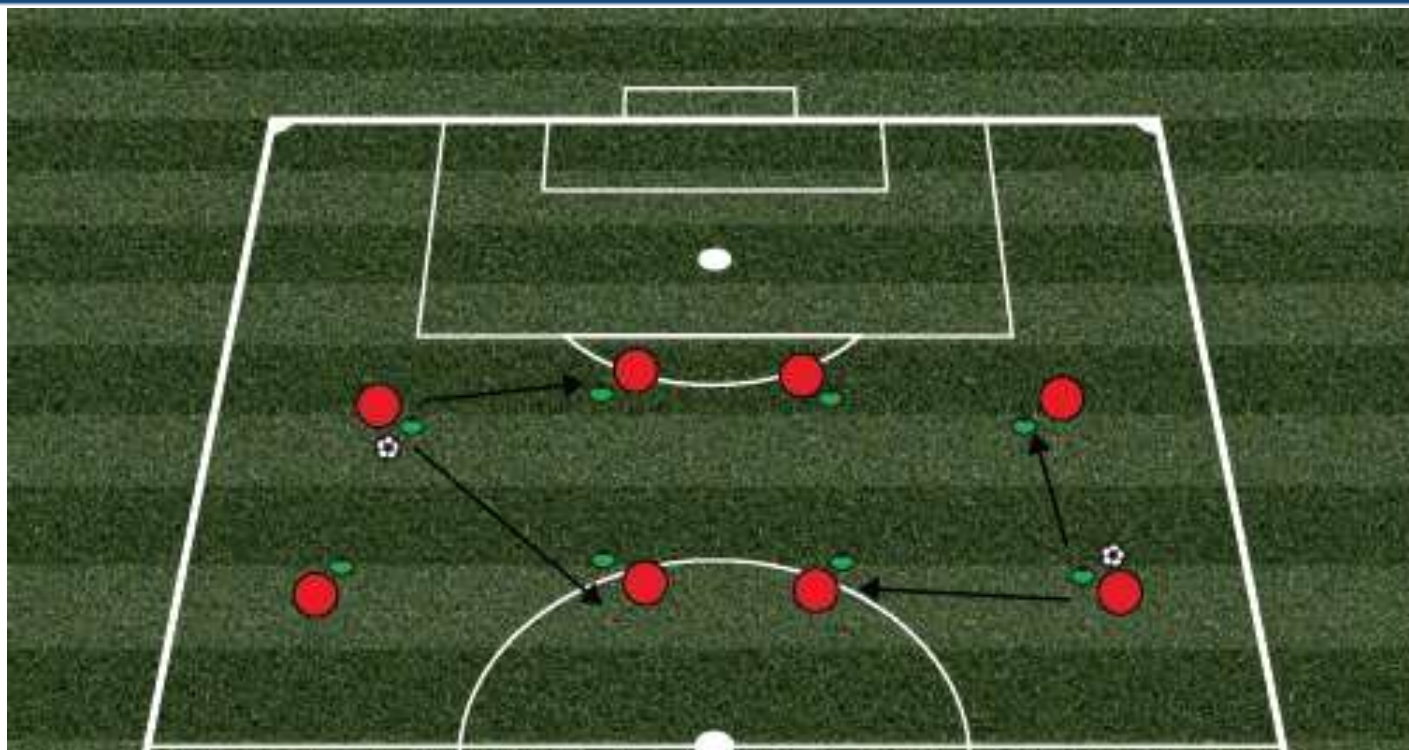
60 minutes

25/30 minutes – Development Practice to Phase of Play

25/30 minutes – 11 v 11 Game



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Practice organisation

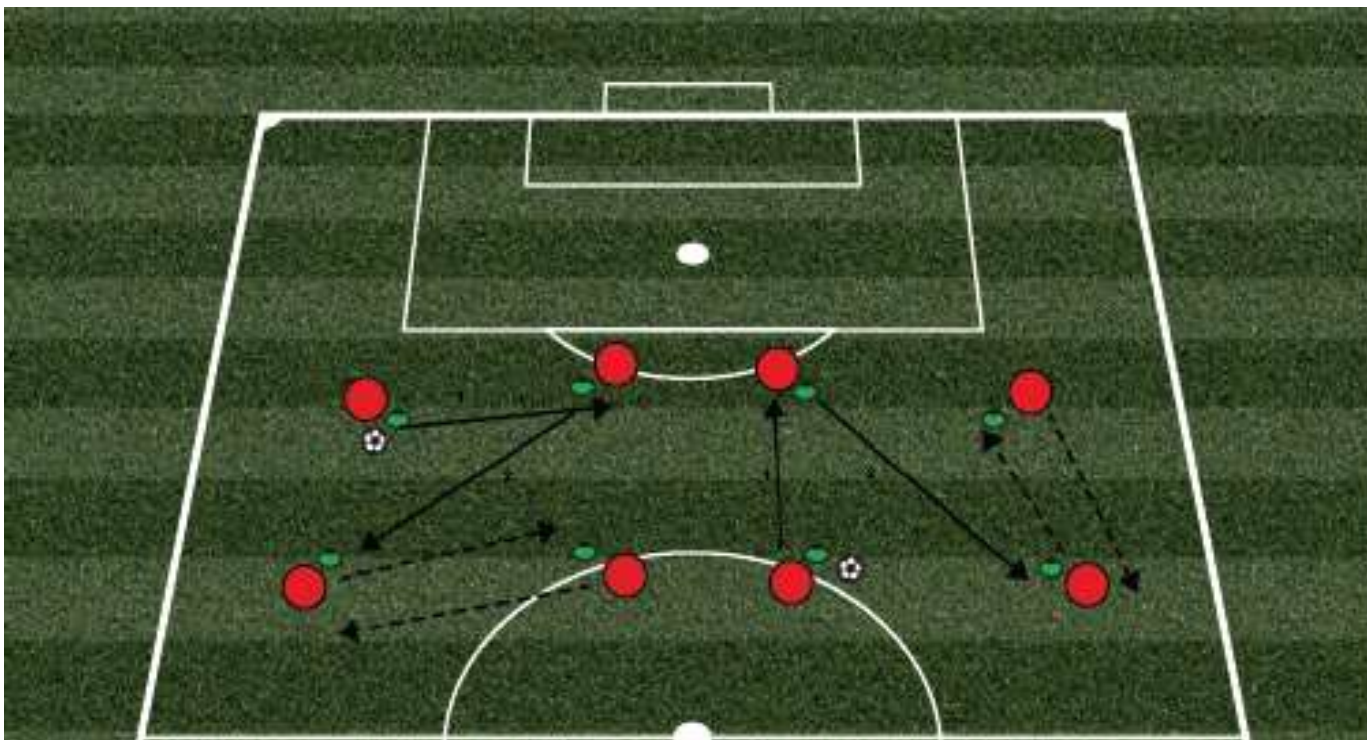
- Adjacent areas of 10 yds x 12 yds maximum.
- 4 players for each area, 1 on each corner.
- Pass forward on angles only from back to front.
- On receiving a diagonal back pass – change the play to other area.
- Players can interchange from side to side or front to back relevant to and concurrent with appropriate movements of the ball.

Key coaching factors

- Quality of diagonal and vertical passes – speed, accuracy, trajectory.
- Quality of receiving touch.
- Encouragement of variety of passing and receiving surfaces.
- Recognising when to change the angle of 1st touch and direction of pass.
- Timing of movement by "end" players to receive the ball.



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Practice organisation

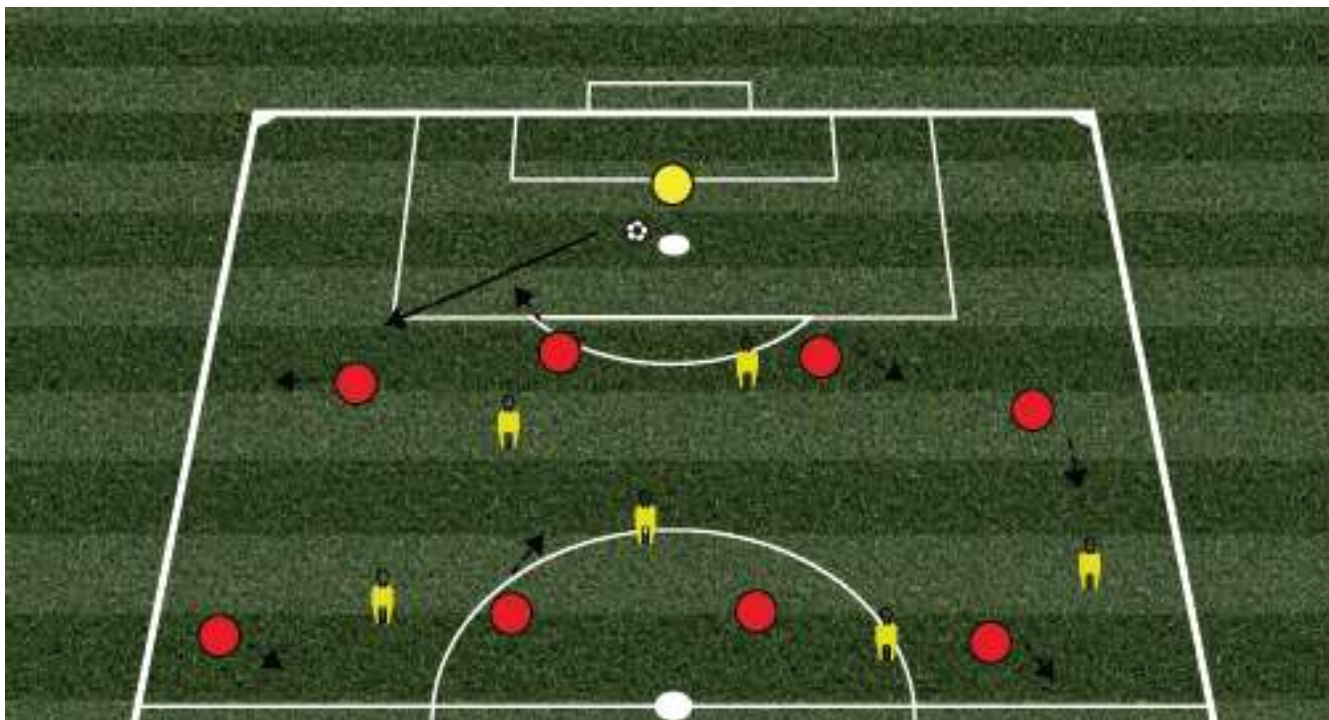
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Practice organisation

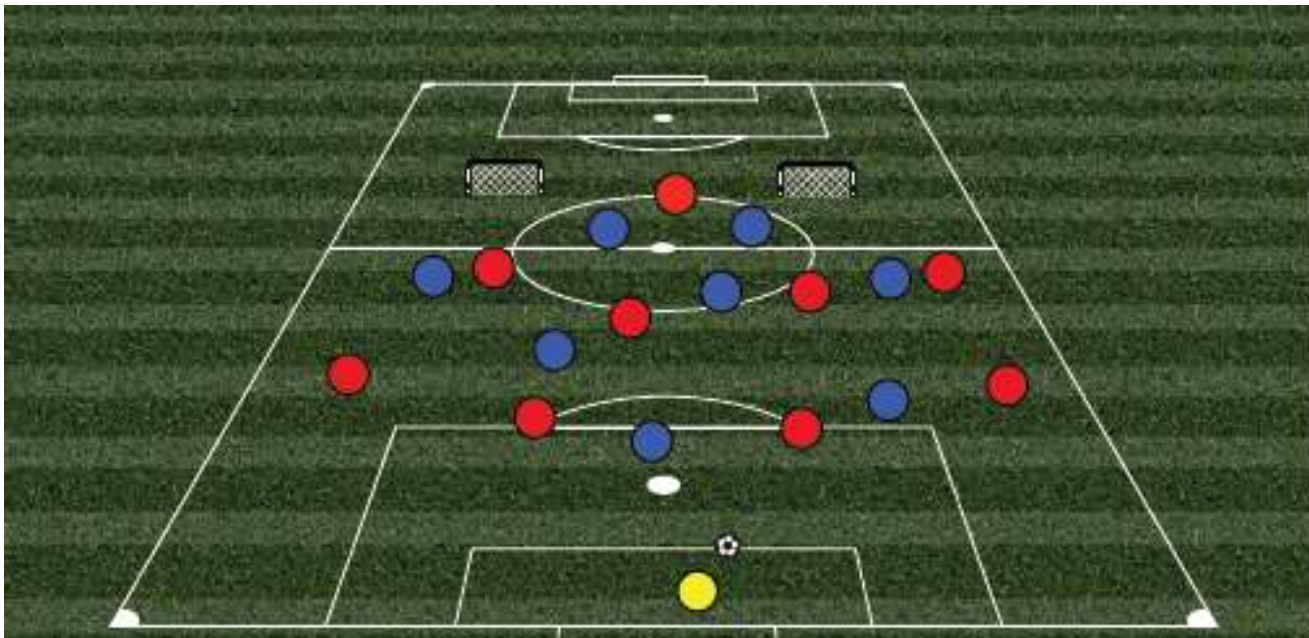
- Full width, ½ way + 15yds to line.
- GK, back 4, midfield 2.
- Work to line, return to GK to serve.
- Drop in and receive from the GK.
- Repeat.
- Mannequins may be used to challenge technical competence and decision-making.

Key coaching factors

- Distances and angles of support from player in possession.
- Awareness of positions of other players ahead and around ball holder.
- Quality of delivery of passes:
 - Varied distances.
 - Varied skills.
 - Accuracy, speed, trajectory.
- Support role after release of passes.
- Progress the play with accuracy, speed and passes to space.



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Practice organisation

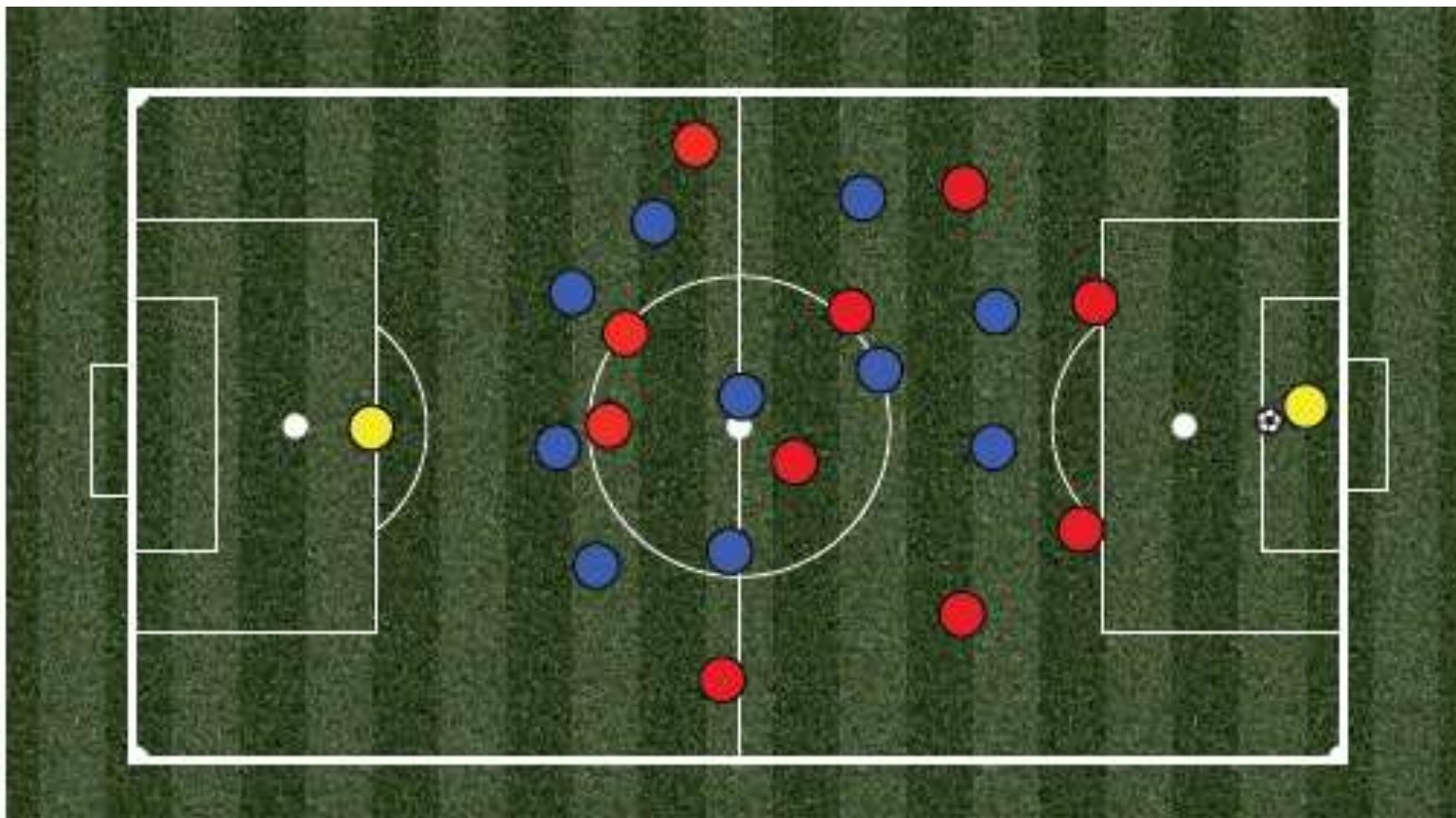
- 2 thirds of the pitch.
- 10 attackers, including goalkeepers, and 8 defenders.
- GK – 4 – 4 – 1 v 2 – 3 – 3.
- Attacking team attempt to score through either of the small goals on the edge of the attacking third.

Key coaching factors

- Dispersal of team – who, where, why, how when?
- GK – decision, delivery, support.
- Receiver – awareness, decision (release, retain, run), 1st touch.
- Movement (if needed) to create attacking outlets:
 - Pass receiver.
 - Pass rates.
- Developments – change play, across back, across midfield.
- Support and security as team advances play.



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In a 4-4-2 formation - Developing possession from the Defending 1/3



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